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Newsletter ::: May 2011



Hold Me Closer

One of the best things about being a parent is holding and comforting your child. When my daughter was a newborn, she was most content when I held her close. Her head close to my heart, letting her feel the warmth of my body and the rhythmic sounds of my pulse. It was so relaxing and calming for her. And even better, it was relaxing and calming for me. What could be better than holding a little, cute, warm baby breathing softly just below your chin? But at a certain point, my arms would get a little stiff, a little tingly, a little numb . . . [continue reading](#)

Workshop: Baby Wearing

Saturday, May 21st, 10 am until 2 pm, at Lazar's Furniture

We are pleased to host a [baby wearing workshop](#) presented by Baby Bjorn. We will be available to answer all your questions about fit, comfort and the health benefits of carrying baby.

- **\$15 Off:** Starting May 21, buy any Baby Bjorn carrier in stock and take \$15 off the price!
- **Free Carrier:** One lucky winner will receive a free Baby Bjorn carrier during our workshop!





Date Night

Parenting a newborn can be overwhelming and exhausting. It's easy to get caught up in the pressures, responsibilities and even pleasures of taking care of your precious little one. Still, it's important to your emotional well-being to make time for date night and reconnect with your partner. Consider making a permanent commitment to having regular date nights with your mate. It will help to keep your relationship strong and set a

wonderful example for your children. Take a tip from me . . . when the babysitter is at your house, make the next appointment for babysitting right then and there! [Use this Baby Sitter Checklist](#) to store emergency numbers and post it in a handy spot near the phone for the babysitter's use.



Five Bucks For You!

Thank you for reading our newsletter! Bring this newsletter/coupon into Lazar's and take \$5 off any purchase of \$40 or more.

The Fine Print: This coupon may only be redeemed in the store. Must be presented at the time of purchase. May not be applied to previous purchases. May not be combined with other offers. Coupon expires 8/30/11

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Lazar's Juvenile Furniture | 6557 North Lincoln Avenue | Lincolnwood | IL | 60712