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Newsletter ::: September 2011



Chew On This!

Most babies love to put everything in their mouths and necklaces are a favorite. Most moms don't feel comfortable letting babies chew on them, with concern that they might break or have unwanted chemicals. Hence, Chewbeads!

Chewbeads are made with 100% silicone (similar to pacifiers & nipples)

Soft on babies gums and emerging teeth

Easily cleaned with . . . [click here to read more.](#)

Butter Knows Best

Workshop: Chiropractic 1st
Saturday, October 15th, at Lazar's Furniture
[Reservations now being accepted!](#)

Good nutrition is important . . . you know it and we know it! Let's learn more about it at a FREE workshop that we are hosting.

Chiropractic First understands the importance of proper nutrition to support both mom and baby during pregnancy. Learn why eating healthy fats are essential for the proper development of your baby, both while in the womb, and after birth.

Presented by:

Dr. Elizabeth Erkenwick

[Seating is limited so save your place now!](#)





Remember the Clean Plate Club?

Whether we are aware of it or not, we help shape the eating habits of our children. Where is your child when you are in the kitchen cooking? Do you eat the same kinds of food that you serve your child? Take a look at these six most frequent negative behaviors we exhibit as parents, see which ones you do and begin changing your thoughts and behaviors when it comes to feeding.

- 1) Keeping kids out of the kitchen.
- 2) Demanding them to just take "a bite."
- 3) Keeping . . . [click to read the whole list of healthy alternatives.](#)

Learn more about [Anita Brown Culinary Coach](#)



Our Service

When you opt for our furniture delivery service, it includes set up of all your furniture. When you buy a stroller from us, we assemble it for you at no charge. When you visit our store, you enjoy a no-pressure sales environment, private nursing room, complimentary filtered water, the largest selection of baby and kid furniture in Chicagoland and a friendly staff to chat with!

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